

EXAM

WELLBEING

WWW.OX.AC.UK/EXAMWELLBEING

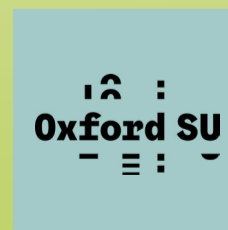
Take charge of your revision

Preparation and practice

Self-management

Managing anxiety

Physical care



WELLBEING AT OXFORD