

## **Occupational Health**

The University Occupational Health Service (UOHS) is based at 10 Parks Road, Oxford - tel. Oxford 282676 and is open on weekdays from 8.30am to 5pm.

The purpose of the UOHS is to prevent work related ill health. The following is a summary of some of the services provided:

### **Referrals**

Individuals may be referred to the Occupational Physician by their manager or supervisor, they may self-refer (in confidence) or be referred by their General Practitioner (GP) on any work related health matter. This may be a health problem affecting an individual's work or a work problem affecting an individual's health.

### **Travel Clinics**

Individuals travelling on University related business may attend these clinics where they will be advised by the Infectious Diseases consultant on any appropriate measures they should take. Any necessary vaccinations or anti-malarial drugs are offered. This service is free to users. It is important to contact the UOHS in good time in order to obtain advice on any necessary immunisations etc.

Health travel advice for non University business should be obtained from the individual's GP.

### **Health Surveillance**

This is biological monitoring of individuals exposed at work to known risks with measurable effects. It includes, for example, individuals working with animals, potentially infected blood or fieldworkers etc.

*The appropriate health surveillance varies according to the risks concerned and may vary between keeping exposure records, biological monitoring or ensuring that relevant immunisations are current. Anyone concerned that their work necessitates health surveillance should discuss the matter with their supervisor, in the first instance, before contacting the UOHS.*

### **Workplace Assessments**

Assessing workplaces, and making the appropriate recommendations, for individuals such as those using display screen equipment or those who have particular workplace requirements such as wheelchair users.

### **Pre-Employment Health Assessment**

To ensure that existing health problems of individuals are not exacerbated by the intended work.

### **Advice / Information**

The UOHS gives advice on work related health matters such as sickness absence, fitness for work, food handlers, and the relevant health and safety legislative requirements to supervisors, individuals, staff representatives and other professionals such as GPs and nurses.

### **Training**

The UOHS provides specific and general training on potential health hazards at work and the prevention of harmful effects.

### **Treatments**

The UOHS does **not** provide a treatment service.

Anyone who is injured or taken ill at work should follow the "Procedure for Medical Emergencies on University Premises".

### **GP Registration**

The UOHS cannot provide General Practitioner (GP) services or refer individuals for treatment such as physiotherapy. Individuals who have not done so are strongly advised to register with a GP to ensure that

any necessary primary care or referrals can be arranged.

## **CONFIDENTIALITY**

**Any information about an individual is confidential to the UOHS and may not be released to a third part without the informed consent, in writing, of the individual concerned.**

## **Health Services for Overseas Visitors**

### Healthcare Access

The NHS is the UK's state health service which provides treatment for UK residents. Some services are free, other have to be paid for. The regulations that govern who can and can't receive treatment are complex and may change.

For information for foreign nationals on how to access NHS healthcare in the UK and what treatments you are entitled to, please visit <http://www.nhs.uk/NHSEngland/AboutNHSservices/uk-visitors/Pages/access-services-in-England.aspx>

### Medical Insurance

It is essential that you take out medical insurance for the duration of your visit prior to arrival in the UK.

If you are either:

- A non EU national and are going to stay in the UK for less than 6 months and your home country does not have a reciprocal agreement with the UK regarding medical care
- A non EU national registered as a student at a British University on a course of short duration (less than six months)
- A non EU national and are not a student and are going to stay in the UK for more than six months but less than a year

If you are a student registered at a UK University and are in the UK for more than six months it is not essential to take out medical insurance for the period you are in the UK (although you should have medical insurance in place to cover your trip to and from the UK) but you should consider the need for medical insurance in the event that you need to be repatriated on medical grounds to your home country.